



Supplemental Materials for

The Role of Movement, Exercise, and Breathing in the Prevention and Treatment of COVID-19: An Umbrella Review

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Listing of Supplemental Material(s):

- **Table S1:** Live Review Search Strategy

Table S1 - Live Review Search Strategy

Nutrition	Nutritional interventions, Nutritional inadequacies, Diet, Fruit and vegetable intake, identification of specific diets, spices
TCM	TCM, Chinese herbal medicine, Korean herbal medicine, Oriental medicine, Chinese patent medicine
Acupuncture	Acupuncture, Electro-acupuncture
Exercis*	
Breath*	
MESH TERMS	
COVID	((("sars cov 2"[MeSH Terms] OR "sars cov 2"[All Fields] OR "covid"[All Fields] OR "covid 19"[MeSH Terms] OR "covid 19"[All Fields]) AND ("therapeutics"[MeSH Terms] OR "therapeutics"[All Fields] OR "treatments"[All Fields] OR "therapy"[MeSH Subheading] OR "therapy"[All Fields] OR "treatment"[All Fields] OR "treatment s"[All Fields])) AND ((meta-analysis[Filter] OR review[Filter] OR systematicreview[Filter]))
herbal	"herbal medicine"[MeSH Terms] OR ("herbal"[All Fields] AND "medicine"[All Fields]) OR "herbal medicine"[All Fields] OR "herbalism"[All Fields] OR "herbal"[All Fields] OR "herbals"[All Fields]
Naturopathic	"naturopath"[All Fields] OR "naturopaths"[All Fields] OR "naturopathy"[MeSH Terms] OR "naturopathy"[All Fields] OR "naturopathic"[All Fields]
nutrition	"nutrition's"[All Fields] OR "nutritional status"[MeSH Terms] OR ("nutritional"[All Fields] AND "status"[All Fields]) OR "nutritional status"[All Fields] OR "nutrition"[All Fields] OR "nutritional sciences"[MeSH Terms] OR ("nutritional"[All Fields] AND "sciences"[All Fields]) OR "nutritional sciences"[All Fields] OR "nutritional"[All Fields] OR "nutritional's"[All Fields] OR "nutritions"[All Fields] OR "nutritive"[All Fields]
vitamins	"vitamin's"[All Fields] OR "vitamine"[All Fields] OR "vitamines"[All Fields] OR "vitamins"[Pharmacological Action] OR "vitamins"[MeSH Terms] OR "vitamins"[All Fields] OR "vitamin"[All Fields]
minerals	"calcification, physiologic"[MeSH Terms] OR ("calcification"[All Fields] AND "physiologic"[All Fields]) OR "physiologic calcification"[All Fields] OR "mineralization"[All Fields] OR "mineral's"[All Fields] OR "mineralisable"[All Fields] OR "mineralisation"[All Fields] OR "mineralisations"[All Fields] OR "mineralise"[All Fields] OR "mineralised"[All Fields] OR "mineralising"[All Fields] OR "mineralizations"[All Fields] OR "mineralize"[All Fields] OR "mineralized"[All Fields] OR "mineralizer"[All Fields] OR "mineralizers"[All Fields] OR "mineralizes"[All Fields] OR "mineralizing"[All Fields] OR "minerals"[MeSH Terms] OR "minerals"[All Fields] OR "mineral"[All Fields]
Traditional medicine	"medicine, traditional"[MeSH Terms] OR ("medicine"[All Fields] AND "traditional"[All Fields]) OR "traditional medicine"[All Fields] OR ("traditional"[All Fields] AND "medicine"[All Fields])
Ayurvedic	"ayurveda's"[All Fields] OR "medicine, ayurvedic"[MeSH Terms] OR ("medicine"[All Fields] AND "ayurvedic"[All Fields]) OR "ayurvedic medicine"[All Fields] OR "ayurveda"[All Fields]
TCM	"medicine, chinese traditional"[MeSH Terms] OR ("medicine"[All Fields] AND "chinese"[All Fields] AND "traditional"[All Fields]) OR "chinese traditional medicine"[All Fields] OR ("traditional"[All Fields] AND "chinese"[All Fields] AND "medicine"[All Fields]) OR "traditional chinese medicine"[All Fields]
CAM	"Int J Complement Altern Med"[Journal: __jid101740311] OR "Evid Based Complement Alternat Med"[Journal: __jid101215021] OR "Curr Res Compliment Altern Med"[Journal: __jid9918367082606676] OR "BMC Complement Altern Med"[Journal: __jid101088661] OR ("complementary"[All Fields] AND "and"[All Fields] AND "alternative"[All Fields] AND "medicine"[All Fields]) OR "complementary and alternative medicine"[All Fields]

Table S1 – Live Review Search Strategy

Probiotics	"probiotic's"[All Fields] OR "probiotal"[All Fields] OR "probiotics"[MeSH Terms] OR "probiotics"[All Fields] OR "probiotic"[All Fields]
Polyphenols	"polyphenol's"[All Fields] OR "polyphenoles"[All Fields] OR "polyphenolic"[All Fields] OR "polyphenolics"[All Fields] OR "polyphenols"[MeSH Terms] OR "polyphenols"[All Fields] OR "polyphenol"[All Fields] OR "plant compounds"[All Fields] OR "plant extracts"[All Fields] OR "flavonol"[All Fields] OR "flavonoid"[All Fields] OR "anthocyanin"[All Fields]
Lifestyle medicine	("life style"[MeSH Terms] OR ("life"[All Fields] AND "style"[All Fields]) OR "life style"[All Fields] OR "lifestyle"[All Fields] OR "lifestyles"[All Fields]) AND ("medicin"[All Fields] OR "medicinal"[All Fields] OR "medicinally"[All Fields] OR "medicinals"[All Fields] OR "medicine"[MeSH Terms] OR "medicine"[All Fields] OR "medicine s"[All Fields] OR "medicines"[All Fields]))